



SEPTEMBER 2026 NEWSLETTER

Welcome New Members!

Mary Parker
Bill Parker
Veera Asher
Denice Swain
Scott Church
Karen Edwards

In Memoriam

We are saddened to share the passing of longtime OTHG member *Lee Skiles* in July. Lee was involved in many OTHG activities, always with a smile and kind words. He will be deeply missed by all who had the privilege of knowing him. We extend our heartfelt thoughts and prayers to Cynthia Saer and their families during this difficult time.

OTHG Officers

Co-Presidents: Gisela Ferguson & Teresa Lee

Administration, Finance & Membership: Beverly Hayes

Secretary: Steven Hayes

Social Events: Louise Wu

Communications/Newsletter: Krystal Mackey

Public Relations: Gisela Ferguson

Website Management: Dave Kinnear

Summer Social

A Fantastic Summer Event!

Thank you to everyone who joined us for our annual summer social! What began six years ago by Steve and Beverly Hayes as a pig roast has grown into one of our most popular gatherings.

We're grateful to Steve and Beverly for organizing once again. From the delicious Moe's barbecue and patriotic theme, it was an evening filled with fun and wonderful memories.

And thank you to Scott Alperin for hosting for the third year. His beautiful airport venue provided the perfect setting, with incredible views and plenty of space for everyone to visit and enjoy time with our OTHG friends.

We're already looking forward to next year!



OTHG Dinner @ Cypress

September 17 - 5:30pm Drinks - 6:00pm Dinner

\$42 incl. tax and tip

Reserve and pay by Sept 12 by using this link [Click Here](#)

Limited to 40 people.

1st COURSE

(dispersed to entire group per table accordingly)

CAST-IRON CORNBREAD
DIRTY HASHBROWN BITES
DEVILED EGGS
HOT HONEY BRUSSELS

Activities & Organizers

ALL YEAR:

Book Club: Lynn Mullins

Pickleball: Debbie Spyker

Cookbook Dinner: Shelly Dermody Harris

SUMMER/FALL:

Biking/Mellow Road: Jack Ferguson

Biking/Avid Road: Steve Hayes

Biking/Gravel Road: Dave Kinnear

Botanic Park: Emily Seaver

Fly Fishing: OPEN

Golf: Steve Richheimer

Hiking: Teresa Lee

WINTER:

Backcountry Skiing: Don Campbell assisted by Erica Lindemann & Karen McNish

Skiing/Downhill: Jack Ferguson

Snowshoeing: ORGANIZER(S) NEEDED

OTHG Dinner Continued

2nd COURSE

Choice of: Half Salad or cup of Gumbo

ICEBURG

heirloom tomatoes, white cheddar, Nueske's bacon, hard boiled egg GFO | **choice of dressing: buttermilk, bleu cheese, honey mustard**

CHOP-CHOP

arugula, fried chicken, cotija cheese, roasted corn, avocado, pumpkin seeds, local cherry tomatoes | **citrus vinaigrette**

BIBB CAESAR

cornbread croutons, parmesan tuile, pecorino GFO | **broken caesar vinaigrette**

SEAFOOD GUMBO

shrimp, crab, andouille, trinity, okra, dixie belle rice, scallions

3rd COURSE

ENTREE (choice of:) Need Choice when RSVP

BUTTERMILK FRIED CHICKEN

fried thigh, golden mash, country gravy

THE MEATLOAF

golden mash, onion soup gravy

PAN-ROASTED LOUISIANA RED FISH

lightly blackened, tomato-bacon jus, Carolina Gold heirloom rice (GFO)

CHICKEN FRIED STEAK

hand breaded New York strip, golden mash, country gravy

SAVANAH RED RICE

trinity, foraged mushrooms, Carolina Gold heirloom rice, heirloom red beans (GFO)

STEAK FRITES

7oz New York strip, bourbon-peppercorn demi, hand-cut fries (GFO)

CYPRESS BURGER

black Angus beef, housemade pimento cheese, tomato-bacon jam, local bibb, red onion, house pickle, hand-cut fries (GFO)

4th COURSE

DESSERT (choice of:)

APPLE CRISP

bourbon caramel, vanilla bean ice cream

MISSISSIPPI MUD PIE (GFO)

salted caramel ice cream, graham cracker crumb

THE O.G. BREAD PUDDING

torn croissants, banana, dark chocolate, bourbon caramel, crème anglaise

PECAN PIE

bourbon caramel, vanilla bean ice cream

CARROT CAKE (GFO)

cream cheese frosting

ICE CREAM

vanilla bean, chocolate, or salted caramel

Link to reserve a place and ([Click Here](#))

Website & Calendar

<http://www.ssothg.org>

You will find all of our events and updated info by clicking on the "Calendar" tab.

To access the PDF version of the OTHG Directory, click on the 'Members Only' tab. Once there, you must 'Sign Up' by typing in your email address and entering a password that you make up. (This is to ensure that the OTHG Directory is not available to the public.) Then click on 'Go'. The webmaster will verify that you are a member of the OTHG and send you an email approving your log-in information. After that, you will be able to log-in any time you want. You will also be able to download the Directory and keep it on your desktop.

Facebook

For those of you who are interested, log into Facebook and search SSOTHG - Steamboat Springs Over The Hill Gang'. Then 'like' this group by clicking on the icon that says 'like' and shows a thumbs up icon. Feel free to post any news, and information, and photos directly related to SSOTHG activities, but remember: this is a PUBLIC group so anyone can view it.



Happy Hour

At Haymaker Patio Grill 34855 US Hwy 40

Tuesdays at 3:00- 5:00pm

Join us for drinks, appetizers (it's Taco Tuesday), and friends!

At the September 15th happy hour, Gisela Ferguson has invited 2 board members from Northwest Colorado Health to be available to talk about their Home Health Services and Sustainability Campaign.

Fall Hikes

Meet at River Creek Park (Walton Creek Rd and HWY 40) - to determine the route and ride sharing

Mondays thru September - See times below

IMPORTANT: Be sure to check the OTHG Calendar on Sunday evenings as hikes may change based on weather, etc. Bring your National Parks Pass for Trailhead Parking. Preview hikes in Hiking the 'Boat II by Diane White-Crane, pages noted for each hike.

Send any questions or ideas to hike@ssothg.org and let's continue our fun on the trails.

Sep 7: Labor Day - No Hike

Sep 14: **Meet 7:50 am, depart 8 am.** Hooper and Keener Lakes-1122 & 1160 (P.155). Stillwater Reservoir, Flat Tops. 10,280' to 11,190' elevation, ~8 miles

Sep 21: **Meet 7:50 am, depart 8 am.** Hahn's Peak Summit-1158, just past Columbine, (P.182) 9,200' to 10,839', 3.5 miles (slightly more from lower parking area)

Sep 28: **Meet 8:50 am, depart 9 am.** Panorama Trail and Fiddlehead Trails, Dry Lake Campground. 8,200', Each hike is about 1.5 miles.



Biking

OTHG Cycling Jerseys

The jerseys are currently in production and are on track to be delivered to Steve Hayes by September 18th.

Primal has provided a special discount code for us to use on their retail cycling apparel website, www.primalwear.com.

25% OFF CODE: 24ATVIA2W

Avid Road Rides (Steve Hayes)

Meet at River Creek Park

Tuesdays and Thursdays at 9am thru October 1st*

We've been adding some gravel sections to our Thursday rides. The gravel roads are very smooth so wider road tires can be used if you don't have a gravel bike. If you are riding a bike with skinny road tires join us on Tuesdays.

Mellow Road Rides (Jack Ferguson)

Meet at River Creek Park

*Tuesdays and Thursdays at 10 am**

Rollout time for all of September will be 10 am. Also, Terye Rhoden will be coordinating the mellow road bike rides. If you have any questions concerning a September ride, please contact Terye.

* Always consult the activity calendar on OTHG's web page for updates/changes for all the bike riding activities.



Gravel Rides (Dave Kinnear)

Meet at River Creek Park

*Fridays at 8:30am - **October 2nd is last ride***

The gravel road riders will meet at River Creek Park at 8:30 a.m. every Friday. We will drive to the beginning of the ride, so either have your bike on your vehicle or be prepared to load your bike onto a fellow member's bike rack. Parking is limited at some of our starting points, so we will carpool when possible. All are welcome! Our riders use mountain bikes, gravel bikes and e-bikes. We will not drop anybody. The planned routes are listed on the SSOTHG Activity Calendar: <https://www.ssothg.org/activities> . For more information, email: bikedirt@ssothg.org .

Pickleball

Tennis and Pickleball Center, 2500 Pine Grove

Tuesdays and Thursdays at 1:30-3:00pm

A reminder that you **must** sign up ahead of time on SignUpGenius - No drop-ins, please and there is a charge. Please read the Pickleball page on our website for further information <https://www.ssothg.org/basic-01> or send an email to pickleball@ssothg.org with questions. **Debbie Spyker** is the organizer. Join the fun.

Book Club

*Book: **Secondhand: Travels in the New Global Garage Sale** by Adam Minter*

*Thurs, September 24 at 6-8pm @ Bud Werner Library
Host: Toby Sandler*

NOTE: We often have space limitations for our meetings, so please contact Lynn Mullins at bookclub@ssothg.com before attending any meeting or if you would like to be added to our email list.



Cookbook Dinner Club

Cookbook: TBD

Date: September 21st

Time: 6-8pm

Where: Home of Shelly and Rob Harris

Cookbook Club is a social event held almost every 3rd Monday /month. It is a community for people of all cooking abilities to meet and build cooking skills and friendships over food, one cookbook at a time.

At OTHG HAPPY HOURS (Tuesdays) prior to the Dinner, members sign up and choose a recipe from the cookbook for the month; take a picture of the recipe you have chosen, and don't improvise on the recipe.

Bring only the dish you have prepared. Silverware, dishes, etc. will be provided by the hosts. Also bring your own beverage. The group will enjoy and discuss the different dishes.

Special Note: Please no politics at dinner. This is a social gathering. There are so many other topics to discuss and we want to focus mostly on cooking!

We are looking for HOSTS! The number of participants is determined by the host's seating availability.

Botanic Park

Where: All Seasons Garden near the tool shed in the Botanic Park

Tuesdays at 10am

OTHG has a garden plot at the Botanic Park, that carefully and lovingly has been cared for by Emily Seaver and her helpers. If you are interested in gardening, join the group.

For more information call Emily at 970-819-8818





Gym Membership Reimbursement

Did you know that your Medicare plan may qualify you to a no-cost or low-cost gym membership? While Original Medicare (Parts A & B) doesn't typically cover fitness programs, many Medicare Advantage (Part C) and some Medicare Supplement (Medigap) plans include this valuable benefit. Many of our members are currently taking advantage of this program.

These fitness programs are designed to encourage healthy aging, offering not just access to exercise equipment, but also specialized classes, virtual workouts, and social opportunities. Staying active can have tremendous benefits, including improved balance, strength, and overall well-being.

For more information, follow this link to the full article on the Over the Hill Gang Facebook Page.

<https://www.facebook.com/share/p/199xN5PopY/>

This is a direct link to the google doc...

<https://docs.google.com/document/d/1x4jWhRPYMPkys2ynPxgKzQZYSzguLCX55m67mPvHUxY/edit?usp=sharing>