



SEPTEMBER/OCTOBER, 2022

# NEWSLETTER

## CALENDAR

Be sure to check the OTHG website calendar at [www.ssothg.org/activities](http://www.ssothg.org/activities) For detailed and updated information on all events and our Facebook page.

\*\*\*\*\*

### HAPPY HOURS

**McKNIGHT'S PUB  
TUESDAYS  
4 - 6 PM  
INDOORS AND  
OUTDOORS**

\*\*\*\*\*

### HIKING

**9:00 AM SHARP  
MONDAYS  
SAFEWAY  
PARKING**



## OVER THE HILL GANG

## AND THE YAMPA VALLEY CRANE FESTIVAL

## CARPENTER RANCH PICNIC AND CRANE VIEWING

**SATURDAY, SEPTEMBER 3**

**4:30PM**

**Hayden, CO**

\*\*\*\*\*

Shuttle from Steamboat to Carpenter Ranch (\$15 pp) -advanced registration required:

<https://events.humanitix.com/yampa-valley-crane-festival/tickets>

\*\*\*\*\*

**ROAD BIKING**  
**TUES/THURS**  
**9:00AM**  
**SLOW AND FAST**  
**GROUPS**  
**RIVER CREEK PARK**

\*\*\*\*\*

**GRAVEL BIKING**  
**FRIDAYS**  
**8:30AM**  
**RIVER CREEK PARK**

\*\*\*\*\*

**MOUNTAIN BIKING**  
**MONDAYS**  
**9:00AM**

**HOWELSEN PARK**  
**TRAILHEAD**

\*\*\*\*\*

**BOOK CLUB**  
**6:00 - 8:00PM**  
**SEPTEMBER 28**  
**AT TERESA LEE'S**  
**OCTOBER 27**  
**AT "THE RANCH"**

\*\*\*\*\*

**CRANE FESTIVAL**  
**SEPTEMBER 3**  
**4:30PM**

Box Dinner by Big Air Cafe & Catering (\$20 pp) or BYO picnic - to purchase a box dinner, advanced registration required:

<https://events.humanitix.com/yampa-valley-crane-festival/tickets>

Guided crane viewing with crane experts following dinner and talk

4:30 – 8:45 p.m.

Picnic dinner, talk, and guided crane viewing. Dinner will be held at The Nature Conservancy's Carpenter Ranch near Hayden. **You must sign up for a shuttle to participate in this event.**

- 4:30 p.m. Shuttles depart Stockbridge Transit Center in Steamboat Springs.

- 4:30 – 6:15 p.m. Enjoy a delicious boxed dinner prepared by Big Air Cafe and Catering (\$20) or bring your own picnic dinner. Complimentary water and lemonade will be provided to all attendees.

- 6:15– 6:45 p.m. Presentation by Ted Floyd, editor of *Birding* magazine, assisted by Hannah and Andrew Floyd

- 6:45 p.m. Shuttle leaves the Yampavian Ranch for guided crane viewing with crane experts, Sandra Noll and Erv Nichols

- 8:45 p.m. (approx.) Shuttles arrive back at the Stockbridge Transit Center

No private cars will be allowed to follow the shuttles for crane viewing.

\*The OTHG group will be part of a larger group attending the Festival. For the complete festival schedule go to <https://coloradocranes.org/festival-schedule/>

\*\*\*\*\*

**OVER THE HILL GANG DINNER**  
**THURSDAY, SEPTEMBER 22**

with Optional Horseback Riding (limited availability so book early, see below)

**THE STEAMBOAT LAKE OUTPOST**

(formerly Hahn's Peak Roadhouse)

60880 Co Rd 129, Clark

**5:30 pm Cocktails, 6:00 pm Dinner**

**\$30 Per Person plus tax and gratuity**

**Reservations** with choice of starter and entree by Monday, **September 12** to Barbara Sheehan at [dandbsheehan@verizon.net](mailto:dandbsheehan@verizon.net)

# CARPENTER RANCH

\*\*\*\*\*

## STEAMBOAT LAKE OUTPOST

DINNER  
SEPTEMBER 22  
5:30PM

\*\*\*\*\*

## THREE PEAKS

DINNER  
OCTOBER 12  
5:30PM

\*\*\*\*\*

## WELCOME NEW MEMBERS

CHUCK BRACHT  
JEN COLLINS  
DAVID DOOLEY  
TOM GRESHAM  
LOUISE GRESHAM  
SHARON KUNIK  
MITCH KUNIK  
COLLEEN McBRIDE  
ANGI PATALE  
FRANK PATALE  
PAM PITT  
JOHN PITT  
LYNN SHADER  
MARK SHADER  
RON THOM  
ANGIE TONOZZI  
FRED VAFAIE  
CHERYL VERLANDER

Horseback Rides Before Dinner 2-Hour ride, \$115 pp, 1-Hour ride \$85 pp. Please make reservations directly with Katie at 970-879-4404

## MENU

### Choice of Starter

Wild rice and mushroom soup

Mixed salad with grape tomatoes, cucumbers, red onion, and croutons, with choice of dressings

### Choice of Entree

Citrus honey-glazed salmon with wild rice and fresh vegetables  
(Gluten-free)

NY strip steak with miso butter, fire-roasted fingerlings, and fresh vegetables (Gluten-free)

Chicken Kiev with cheddar and kale puree

### Dessert

Blackberry Doughnuts / Chocolate Lava Cake with marshmallow fluff

Coffee and Tea

\*\*\*\*\*



## OVER THE HILL GANG DINNER

## THREE PEAKS RESTAURANT

OCTOBER 12 5:30PM

### APPETIZERS (served at table)

Shrimp Spring Rolls - White shrimp, basil, garlic, ginger, sweet & spicy sauce

# KEVIN WALLS

\*\*\*\*\*

## WEBSITE and MEMBERS DIRECTORY

Welcome to our updated website at <http://www.ssothg.org> You will find all of our events by clicking on the 'CALENDAR' tab.

To access the PDF version of the OTHG Directory, click on the 'Members Only' tab. Once there, you must 'Sign Up' by typing in your email address and entering a password that you make up. (This is to ensure that the OTHG Directory is not available to the public.) Then click on 'Go'. The webmaster will verify that you are a member of the OTHG and send you an email approving your log-in information. After that, you will be able to log-in any time you want. You will also be able to download the Directory and keep it on your desktop.

## FACEBOOK

Social Media

We now have a Facebook page! For those of you who are interested, log into Facebook and search 'SSOTHG - Steamboat Springs Over The Hill Gang'. Then 'like' this group by clicking on the icon that says 'like' and shows a thumbs up icon. This is a PUBLIC group, meaning anyone can see all the posts. Please feel free to post any news,

Fried Moneybags - Beef dumplings, corn, caramelized onion, chive, caraway

## SALAD

TPG Caesar Salad Romaine, tomato, parmesan, croutons, Caesar dressing

## ENTREES – Pre-chosen by guest

Artichoke Chicken - 5 oz. Chicken breast, white wine artichoke vin blanc, vegetable rice pilaf, tomato zucchini sauté

Beef Loin Gorgonzola 5 oz. Sirloin, blue cheese crust, caramelized shallot demi-truffle whipped russet, grilled tomato zucchini sauté

Aji Panca Salmon 5 oz. Aji panca seasoned salmon, chimichurri sauce, vegetable rice pilaf, tomato zucchini sauté

## DESSERT

Chocolate Mousse Cake Raspberry sauce, whipped cream, berries

## Cash Bar

**\$56.00 per person includes 20% gratuity & 8.4% tax**

Reservations to Mary Inglefield with choice of entree.  
[mcmurraymd@springsips.com](mailto:mcmurraymd@springsips.com)

Restaurant will remain open to the public and private event will be sectioned off

\*\*\*\*\*

## GRAPHIC ARTS HELP NEEDED

We would like to update the Steamboat Springs Over the Hill Gang logo. The logo should incorporate our name and include references to some of our activities. The graphic might include mountains, trees, bicycles and skis, for example. It cannot be too complicated because we will be printing this logo onto OTHG business cards. We will also use the logo on biking jerseys and any other swag that members would like to create.

If you take up this challenge, please send an image of your creation to [web@ssothg.org](mailto:web@ssothg.org). The officers will look over the



information, and pictures  
related to the OTHG.

\*\*\*\*\*

## OFFICERS

President - Cindy Kinnear  
Vice President - Steve Hayes  
Treasurer - Beverly Hayes  
Social Events - Louise Wu  
Communications - Jan Dring  
Community Contributions -  
Anne Clardy  
Public Relations - Gisela  
Garrison

## ACTIVITIES & ORGANIZERS

### Backcountry Skiing

Harry Zinn

### Biking - Mellow Road

Jack Ferguson

### Biking - Road

Steve Hayes

### Biking - Gravel Road

Dave Kinnear

### Book Club

Karen Whitney

### Botanic Garden

Emily Seaver

### Fly Fishing

Paul Inglefield

### Golf

Steve Richheimer

### Hiking

OPEN

### Pickleball

Cindy Kinnear

### Skiing - Downhill

Jack Ferguson

### Snowshoeing

Lynn Sidman &  
Ute Lichtenstein

\*\*\*\*\*

## PHOTO GALLERY

submissions and will bring them to gang events to solicit  
comments and input. Thanks for your help!

\*\*\*\*\*

## BIKING



## ROAD BIKING

## TUESDAYS AND THURSDAYS

**FASTER GROUP AT 9:00 AM BEGINNING  
SLOWER GROUP STARTS AT 9:00 AM**

## RIVER CREEK PARK

The Over the Hill Gang road bike rides continue through September. We meet at River Creek Park, Walton Creek Road and Highway 40, and ride from there. The riders decide on a route when they arrive. Typically, two or three different groups will go out at different speeds, planning various distances. E-bikes are fine on these rides. The rides have no formal leaders.

The start time for the ride will get later as the days become shorter and the weather cools. Check the Activity Calendar for the up to date start time.

<https://www.ssothg.org/activities>

Arrive ready to ride. Be sure that you have water and snacks. For more information, email [bikeslow@ssothg.org](mailto:bikeslow@ssothg.org) or [bikefast@ssothg.org](mailto:bikefast@ssothg.org). We'll see you on the road!

Steve Hayes will send an email as usual if we're doing a special ride or for ride time changes. If you are not on the bike group email list, please email Steve and let him know you'd like to be added to the group. [steve@hayestx.com](mailto:steve@hayestx.com)

## GRAVEL ROAD BIKING



**Mellow Road Bikers**



**Botanical OTHG Garden Team**  
 Emily Seaver- Head Coach  
 Karen Pharris, Kate Alexander,  
 Barbara Sparks, Linda Fairchild



**More Mellow Biking**

**FRIDAYS 8:30 AM**

## **RIVER CREEK PARK**

The gravel road rides are scheduled to continue, on Friday mornings, through October 7. Meet at 8:30 at River Creek Park, with your bike on your vehicle. We will drive to the beginning of each ride. If you do not have a bike rack, come anyway, you can probably find a carpool. A gravel bike or mountain bike will work fine on these rides and e-bikes are welcome. Be sure to bring water and a snack. For more information, email Dave at [bikedirt@ssothg.org](mailto:bikedirt@ssothg.org)

## **MOUNTAIN BIKING**

**MONDAYS 9:30 AM**

## **HOWELSEN PARK TRAILHEAD**

The Over the Hill Gang mountain biking group will, again, be going out on Mondays this year. Jon Ashburn and Terye Rhoden will share the organizational duties as we head out onto the single-track. Meet at the Howelsen Park trailhead, behind the rodeo arena, at 9:30, each Monday, ready to ride. Many of the rides will take place on Emerald Mountain and we will occasionally drive to one of the other local trailheads. For more information, email [mtnbike@ssothg.org](mailto:mtnbike@ssothg.org). We will be identifying interested riders if there is a cancellation, due to wet trails, or a change in meeting place. Please send your email address to [mtnbike@ssothg.org](mailto:mtnbike@ssothg.org) if you would like to be on the notification list. We look forward to seeing you on the trail!

\*\*\*\*\*



## **HIKING**

## MONDAYS

### 9:00 AM DEPARTURES IN SEPT.

### SAFEWAY PARKING LOT



Hiking Cow Creek



Hikers and Cow on Cow Creek

The group meets in the Safeway parking lot (Creekside) **10 minutes before** the departure time to confirm destination and to form carpools. **We do leave on time.** Page numbers refer to Hiking the Boat

RT = Round Trip      O&B = Out and back

Hikers – Please check our calendar <https://www.ssothg.org/events> the night before as the hikes may change depending on the organizers and the foliage.

**September 5- Labor Day** - No hike unless someone organizes it. (A suggested hike on your own is Flash of Gold – the colors may be starting)

**September 12** – North Fork of the Elk River -1101 (Diamond Park) Hike 80 (Organizer = Susan Dreska) (P. 213-215) (access from Seedhouse road by Clark) 3-5 mi each way depending on route. Seedhouse Road Trailheads = 7,720' Diamond Park = 8,727'

**September 19** - Hahns Peak Summit. (p.182-184). (Organizer needed) 1.7 miles each way. Trailhead = 9,200, Summit = 10,839 (gain 1,639')

**September 26** - Muddy Rabbit – not in the book. (Organizer = Susan Dreska)

High-clearance vehicles recommended and carpooling as not too many spots to park. Relatively flat hike through dense trees and view of never summer range. Creek crossing at beginning of hike right where cars park. Can turn around wherever you want.

**October 3** - Possible hike if we have an organizer:

South Fork of Elk River (p. 220-222) (Zirkles) 8,300 – 8700 @ 7.5 or 8 miles round trip. This is a meandering hike with slight ups and downs.



Please consider helping organize our hikes in 2023.  
Contact Cindy at [hike@ssothg.org](mailto:hike@ssothg.org)

\*\*\*\*\*

## **FLY FISHING**

We anticipate having group outings, as in the past, to the Delaney Lakes, offering miles of wadable shoreline as well as float access in the Fall. We will also be offering "Introduction to Fly Fishing" in the summer. There could be limitations due to low water levels which may happen. The present levels are low and the dam releases are being held back at this time to help as the season progresses. Pray for rain and a good season. For more information email Paul Inglefield [pinglefi@springsips.com](mailto:pinglefi@springsips.com)

\*\*\*\*\*

## **BOOKCLUB**

**6:00PM - 8:00PM**

**WEDNESDAY, SEPT. 28**

**@ Theresa Lee's**

### **ONCE THERE WERE WOLVES**

Charlotte McConaghy

\*\*\*\*\*

**THURSDAY, OCT. 22**

**@ "The Ranch"**

### **BRAIDING SWEETGRASS**

By Robin Wall Kimmerer

Inquiries: [KLWhitney79@gmail.com](mailto:KLWhitney79@gmail.com)

\*\*\*\*\*

## **FALL PICKLEBALL**

Fall session is October 1-December 31

Tuesdays and Thursdays 1:30-3:00

If you are interested in OTHG pickleball, first please read the information on our web page for pickleball:

<https://www.ssothg.org/basic-01>

If this works for you, and you are interested, please email Cindy at [pickleball@ssothg.org](mailto:pickleball@ssothg.org)

\*\*\*\*\*

If you have any photos of the “gang” or gang activities and you would like to share them, please email them to [janet.dring@gmail.com](mailto:janet.dring@gmail.com)

© 2010 Blackwell Publishing Ltd *Journal of Internal Medicine* 267: 105–114





