



OCTOBER 2026 NEWSLETTER

Welcome New Members!

LaRae Musselman
Len DeMoss

OTHG Officers

Co-Presidents: Gisela Ferguson
& Teresa Lee

Administration, Finance &

Membership: Beverly Hayes

Secretary: Steven Hayes

Social Events: Louise Wu

Communications/Newsletter:
Krystal Mackey

Public Relations: Gisela
Ferguson

Website Management: Dave
Kinnear

Pot Luck Dinner @ The Ranch

October 7 @ 5:30pm - 1800 Ranch Road

Directions: From Steamboat Boulevard, follow Clubhouse Drive up the hill, turn right onto River Queen Drive, continue up the hill and turn left at the curve onto Ranch Road. Follow Ranch Road past "The Ranch" sign and down the hill. Turn right and continue down to the parking lot.

Please bring a dish to share and a beverage to drink. We will share our kitchen creations and our company. We hope to see you there!



Happy Hour

At Haymaker Patio Grill 34855 US Hwy 40

Tuesdays at 3:00- 5:00pm

Join us for drinks, appetizers (it's Taco Tuesday), and friends!

Activities & Organizers

ALL YEAR:

Book Club: Lynn Mullins

Pickleball: Debbie Spyker

Cookbook Dinner: Shelly
Dermody Harris

SUMMER/FALL:

Biking/Mellow Road: Jack
Ferguson

Biking/Avid Road: Steve Hayes

Biking/Gravel Road: Dave
Kinnear

Botanic Park: Emily Seaver

Fly Fishing: OPEN

Golf: Steve Richheimer

Hiking: Teresa Lee

WINTER:

Backcountry Skiing: Don
Campbell assisted by Erica
Lindemann & Karen McNish

Skiing/Downhill: Jack
Ferguson

Snowshoeing: ORGANIZER(S)
NEEDED

Hiking has ended for the season

That's a wrap on our OTHG hiking season! 🍁👢

Thanks to everyone who joined us for the fun, beautiful trails, and new friendships along the way. It's been a great season - we look forward to new adventures next year!

One Last Avid Road Ride (Steve Hayes)

Meet at River Creek Park

Tuesdays and Thursdays at 9am ENDS October 1st*

We've been adding some gravel sections to our Thursday rides. The gravel roads are very smooth so wider road tires can be used if you don't have a gravel bike. If you are riding a bike with skinny road tires join us on Tuesdays.

One Last Mellow Road Ride (Jack Ferguson)

Meet at River Creek Park

Tuesdays and Thursdays at 10 am ENDS October 1st*

OTHG's mellow road biking will end with the Thursday, October 1, 2026, ride. It was a good year thanks to everybody who cycled with us. See you on the slopes!

* Always consult the activity calendar on OTHG's web page for updates/changes for all the bike riding activities.

Website & Calendar

<http://www.ssothg.org>

You will find all of our events and updated info by clicking on the "Calendar" tab.

To access the PDF version of the OTHG Directory, click on the 'Members Only' tab. Once there, you must 'Sign Up' by typing in your email address and entering a password that you make up. (This is to ensure that the OTHG Directory is not available to the public.) Then click on 'Go'. The webmaster will verify that you are a member of the OTHG and send you an email approving your log-in information. After that, you will be able to log-in any time you want. You will also be able to download the Directory and keep it on your desktop.



Facebook

For those of you who are interested, log into Facebook and search SSOTHG - Steamboat Springs Over The Hill Gang'. Then 'like' this group by clicking on the icon that says 'like' and shows a thumbs up icon. Feel free to post any news, and information, and photos directly related to SSOTHG activities, but remember: this is a PUBLIC group so anyone can view it.

One Last Gravel Ride

(Dave Kinnear)

Meet at River Creek Park

*Fridays at 8:30am - **October 2nd is last ride***

Thank you, gravel road riders, for another great season! The final ride of 2026 will be on October 2. Meet us at 8:30 a.m., at River Creek Park and be ready to drive out to a great fall route. We plan to start the rides, again, in June 2027.

Pickleball

Tennis and Pickleball Center, 2500 Pine Grove

Tuesdays and Thursdays at 1:30-3:00pm

A reminder that you **must** sign up ahead of time on SignUpGenius - No drop-ins, please and there is a charge. Please read the Pickleball page on our website for further information <https://www.ssothg.org/basic-01> or send an email to pickleball@ssothg.org with questions. **Debbie Spyker** is the organizer. Join the fun.

Book Club

No Book Club for October

NOTE: We often have space limitations for our meetings, so please contact Lynn Mullins at bookclub@ssothg.com before attending any meeting or if you would like to be added to our email list.



Cookbook Dinner Club

Cookbook: TBD

Date: October 19th

Time: 6-8pm

Where: TBD

Cookbook Club is a social event held almost every 3rd Monday /month. It is a community for people of all cooking abilities to meet and build cooking skills and friendships over food, one cookbook at a time.

At OTHG HAPPY HOURS (Tuesdays) prior to the Dinner, members sign up and choose a recipe from the cookbook for the month; take a picture of the recipe you have chosen, and don't improvise on the recipe.

Bring only the dish you have prepared. Silverware, dishes, etc. will be provided by the hosts. Also bring your own beverage. The group will enjoy and discuss the different dishes.

Special Note: Please no politics at dinner. This is a social gathering. There are so many other topics to discuss and we want to focus mostly on cooking!

We are looking for HOSTS! The number of participants is determined by the host's seating availability.

Botanic Park

Where: All Seasons Garden near the tool shed in the Botanic Park

Tuesdays at 10am

OTHG has a garden plot at the Botanic Park, that carefully and lovingly has been cared for by Emily Seaver and her helpers. If you are interested in gardening, join the group.

For more information call Emily at 970-819-8818





Gym Membership Reimbursement

Did you know that your Medicare plan may qualify you to a no-cost or low-cost gym membership? While Original Medicare (Parts A & B) doesn't typically cover fitness programs, many Medicare Advantage (Part C) and some Medicare Supplement (Medigap) plans include this valuable benefit. Many of our members are currently taking advantage of this program.

These fitness programs are designed to encourage healthy aging, offering not just access to exercise equipment, but also specialized classes, virtual workouts, and social opportunities. Staying active can have tremendous benefits, including improved balance, strength, and overall well-being.

For more information, follow this link to the full article on the Over the Hill Gang Facebook Page.

<https://www.facebook.com/share/p/199xN5PopY/>

This is a direct link to the google doc...

<https://docs.google.com/document/d/1x4jWhRPYMPKys2ynPxgKzQZYSzguLCX55m67mPvHUxY/edit?usp=sharing>